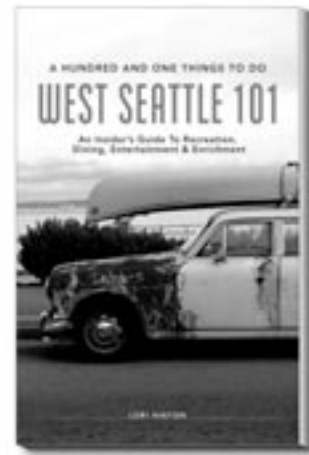


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## First Time Author Writes Seattle's First Neighborhood Guidebook

WEST SEATTLE, WA -- Seattle's first neighborhood guidebook — *West Seattle 101* — has just been released by Adventure Press. Written by native West Seattleite, Lori Hinton, *West Seattle 101* is a true insider's guide to the birthplace of the city featuring a foreword by Seattle celebrity Bill Nye the Science Guy®, 16 pages of color photos, illustrations, and 101 stories on unique and interesting things to do in the neighborhood.

From fly fishing at Lincoln Park, and taking it off at striptease aerobics to savoring the flavors of the neighborhood's favorite hand-packed ice cream at the iconic Husky Deli, each of the 101 stories is packed with detailed information plus a peek at the colorful characters and history of this thriving community.

"It's only fitting that the birthplace of Seattle is also the first place to have its very own guidebook," says author Lori Hinton. "And I'm happy to be your local guide."

Hinton is a West Seattle-based freelance writer known for her popular *West Seattle Herald* column "101 Things to Do in West Seattle" as well as her frequent contributions to *NWSOURCE.com*. In addition to editorial, Hinton also writes for the Discovery Channel, National Geographic TV, The History Channel, Disney Channel, and PBS.

An Adventure Press publication, *West Seattle 101* is the newest member in the family of Seattle's favorite guidebooks. Other Adventure Press guidebooks include *Kissing the Trail: Greater Seattle Mountain Bike Adventures, 3rd Edition* and *Beyond Mt. Si: The Best Hikes within 85 Miles of Seattle*, both regional best sellers.

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